

Annex:

How to use the APP of 运动吧名师堂(yundong8)

Note: Because the interface of this APP is in Chinese, the corresponding English is marked next to the page for your easier reference operation.

I. APP Using Environment

The installation and use of APP need to be carried out under steady network conditions.

II. APP Adapted Terminals

1. Computer: desktop computer with camera, notebook (win7 or above)
2. Mobile phone: Android phone, iPhone
3. Pad: Apple iPad (products before iPad4 are not supported) or Huawei Pad (Android version 4.4 and above)

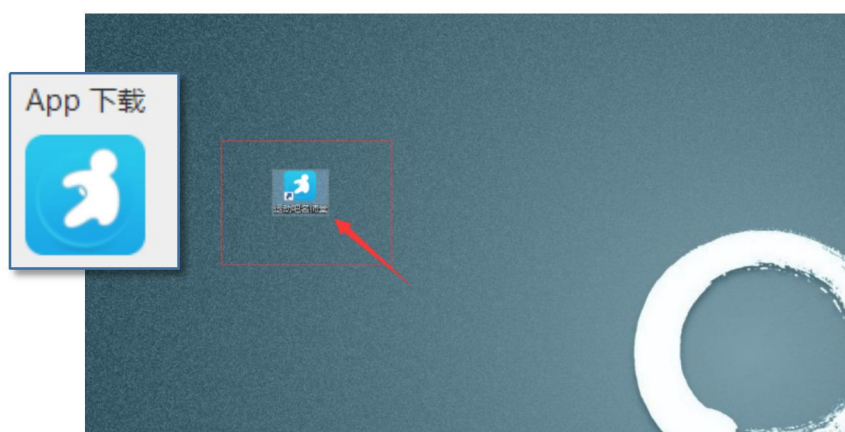
III. Software Download and Installation

1. Download by computer of Window version: visit www.yundong8.cn.





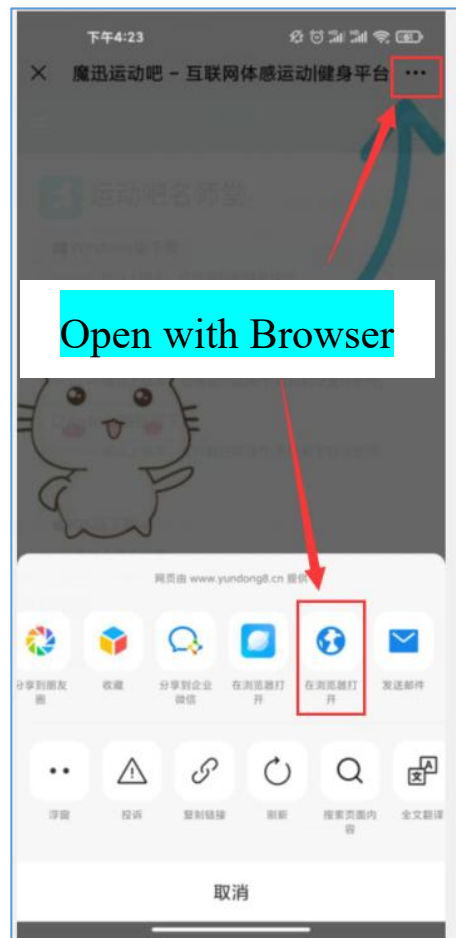
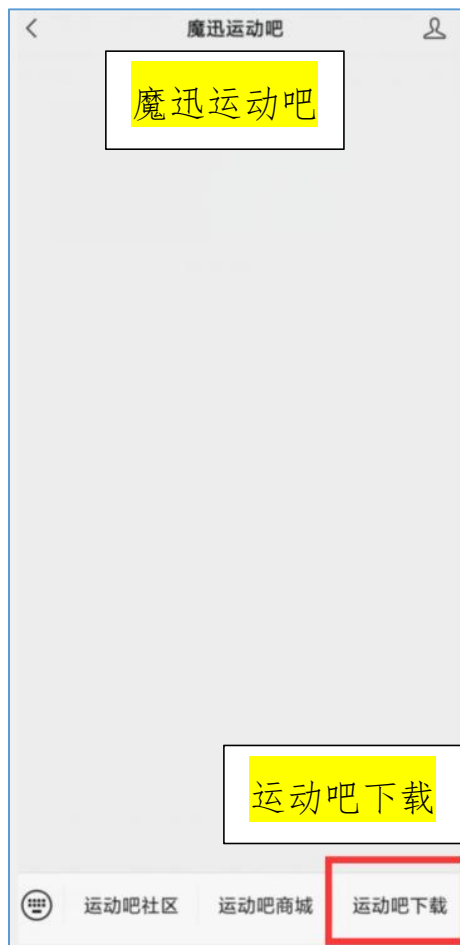
This icon appears on the computer desktop, indicating that the download is successful.



2. Download by Mobile phone:

(1) Follow WeChat public account "魔迅运动吧", or open the link www.yundong8.cn/app to download.

(2) Click on the lower right corner menu "运动吧下载" on the WeChat public account page, select the browser to open. Then select an corresponding installation package to download (for Apple mobile, after clicking it will jump to the Apple Store to download the software).



For Android mobile
or Huawei Pad

Android 触控版下载

iOS 版下载

For Apple mobile
or iPad

Or download the APP from the registration page popped up by scanning the QR code (below) on WeChat.

Note: for Apple it will jump to the Apple Store to download the software.



3.Registration by scanning QR code (above) in WeChat:

Scan the QR code to enter the registration page, fill in the relevant information, select the game routine, and complete the payment.

比赛详情

当前账号 s(主账号) **Current account**

练练练——健身气功名师模仿秀

线上 不需求照片

比赛项目 **Game items(routines)**

名师堂 - BaDuanJin 名师堂 - WuQinXi

名师堂 - DaWu

名师堂 - TaiJi YangShengZhang

报名时间: 2022-08-17 00:00:00 至 2022-09-11 23:59:00 **Registration time**

比赛时间: 2022-08-18 00:00:00 至 2022-09-11 23:59:00 **Game time**

评分机制: 最高分数

报名费用: 120 元 **Registration fee: 120RMB**

最多 报名 **报名** 应用下载 **应用下载**

Registration APP download

4

练练练——健身气功名师模仿秀 - 报名

姓名* Name

手机号码（仅联系）* Mobile number

参赛组织* Organization

选择报名项目* Select game item (routine)

☐ 名师堂 - BaDuanJin
时间: 2022-08-18 00:00:00 - 202...

☐ 名师堂 - WuQinXi
时间: 2022-08-18 00:00:00 - 202...

☐ 名师堂 - DaWu
时间: 2022-08-18 00:00:00 - 202...

☐ 名师堂 - TaiJi YangShengZhang
时间: 2022-08-18 00:00:00 - 202...

You can only select ONE routine

本比赛最多只能报名1个项目

取消 Cancel

确认 Confirm

确认支付信息 Confirm payment

合计: ¥120

实际需支付: ¥120

支付 Pay

Note: For those who transfer the fee by bank, please send the remittance voucher to the email: eventregistration@163.com, and provide accurate name of participant, as well as ONE selected game item (routine) in the email. Registration is completed by obtaining the account number and password provided by the event organizer.

IV. Login and Use

1. Login by participant

(1) For person who registers by scanning the code on WeChat:

A) After the software is downloaded successfully, if you are using a computer to participate in the activity, you can use WeChat to scan the QR-code to authorize the login.



If you use your mobile phone to participate in the activity, you can click the "微信登陆" (WeChat login) button to authorize the login.



B) After successful login, there will be a message box in the home page. Inside the message box is the registered routine. Click OK to go directly to the activity page.

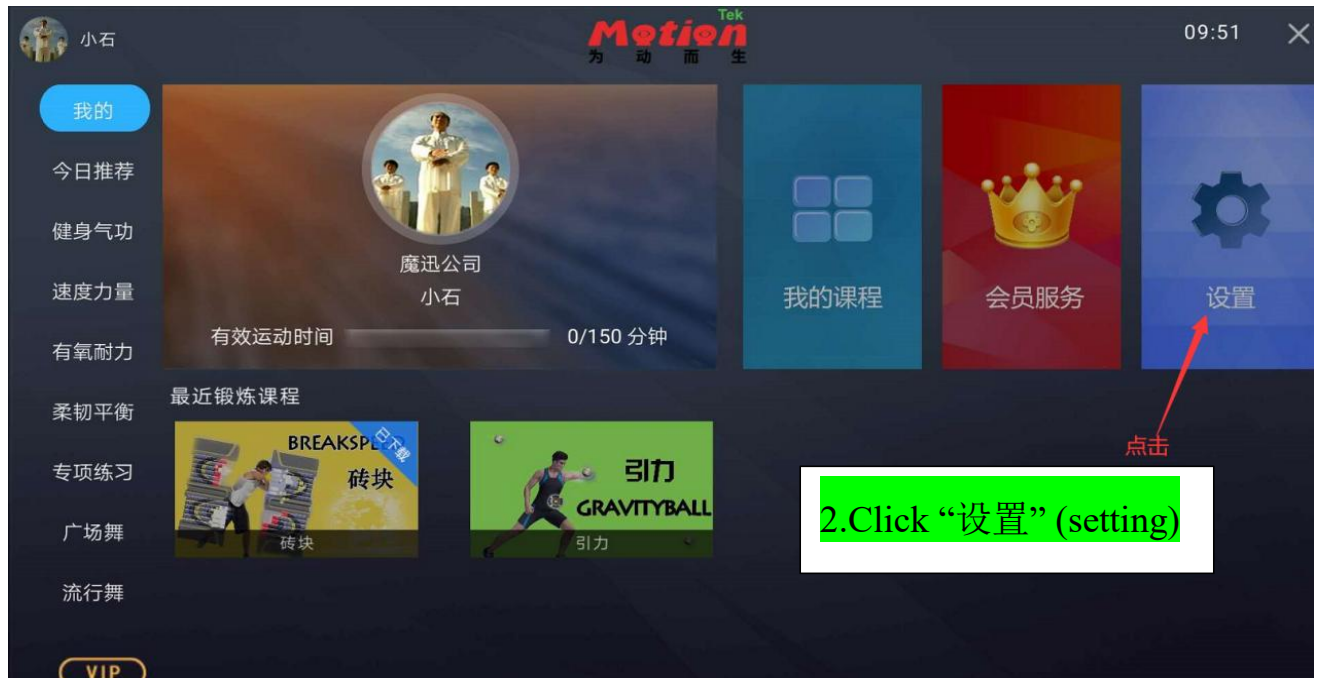
(2) For person who does not use WeChat to login

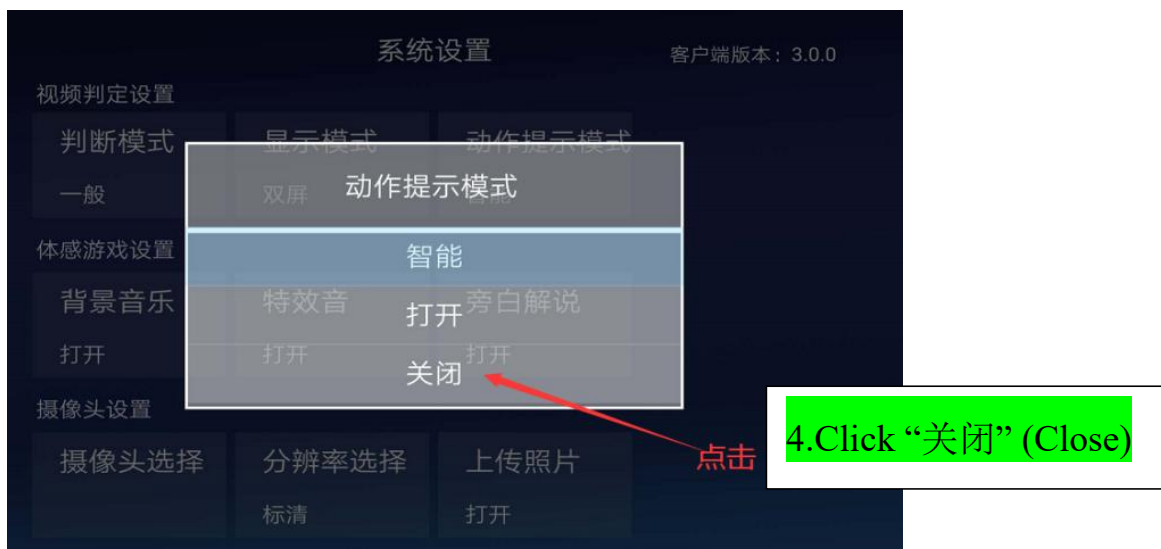
Log in the APP using the account and password provided by the activity organizer at “账号登录”.



2. Parameter Settings

After successful login, take the follow steps:







6. After the above setting is complete, click to close

3. Participate in practice games (take Baduanjin as an example)

After logging in, enter the Baduanjin Games:

(1) Click "Health Qigong" menu on the left



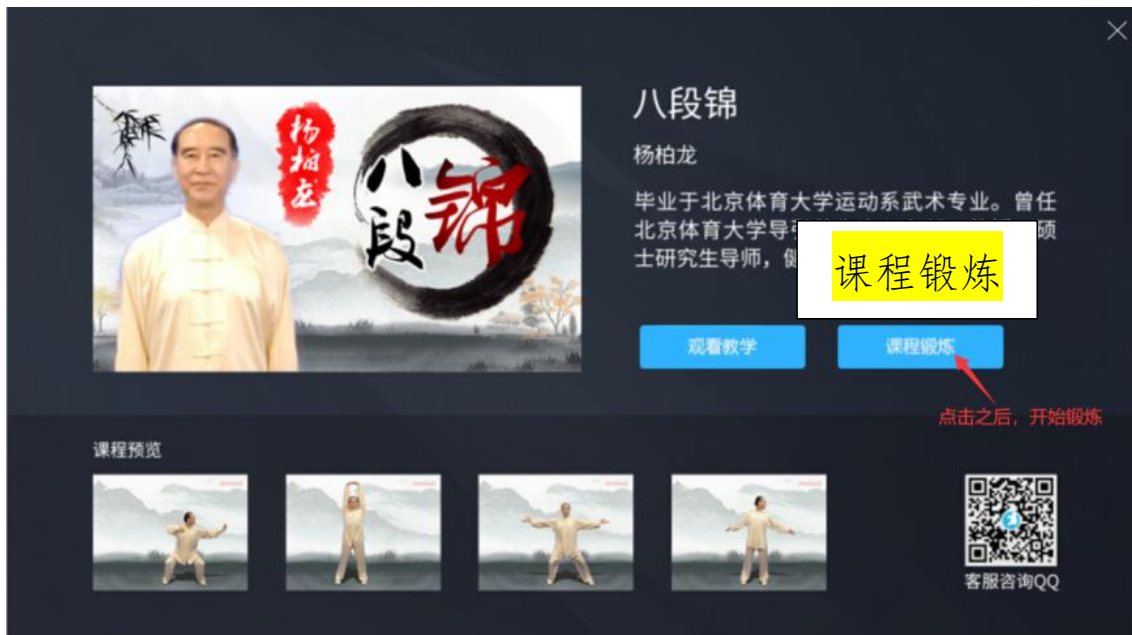
(2) Click “Baduanjin” icon.



(3) Click “下载课程” (download course).



(4) Click “课程锻炼” (practice), enter the Games page.



(Note: There are about ten seconds to prepare after the music starts. The activity will get the highest score of the day, there is no limit to the practice times in a day.)

(5) After the game over, the APP will score. you must click "完成" (finish), otherwise the result will be invalid.



4. View the practice score

(1) For those who log in using WeChat (or follow the public account "魔迅运动吧"), click on "运动吧社区" (APP Community). Then click "个人主页" (Personal Homepage) or "历史记录" (History) to view the scores.



(2) For those who log in using Account and Password, after logging in at www.yundong8.cn, click "个人主页" (Personal Homepage) or "历史记录" (History) to view the scores.



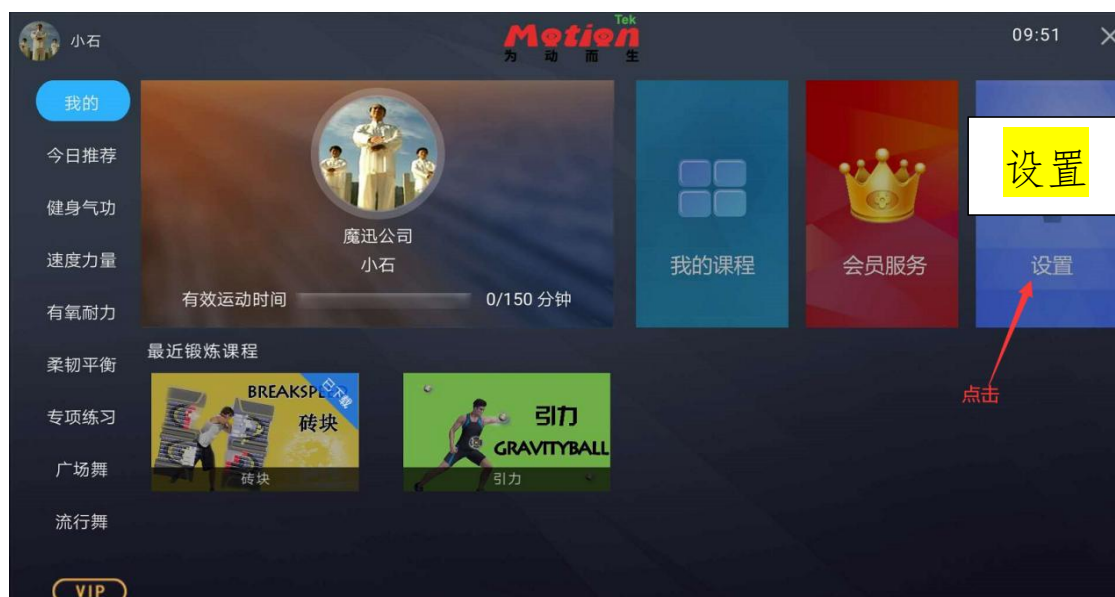
V. Matters Needing Attention

1. Before starting the Games, confirm whether the mobile phone camera is the front camera. If you find that the camera is not the front camera, switch the camera according to the following steps (if it is the front camera, no operation is required):

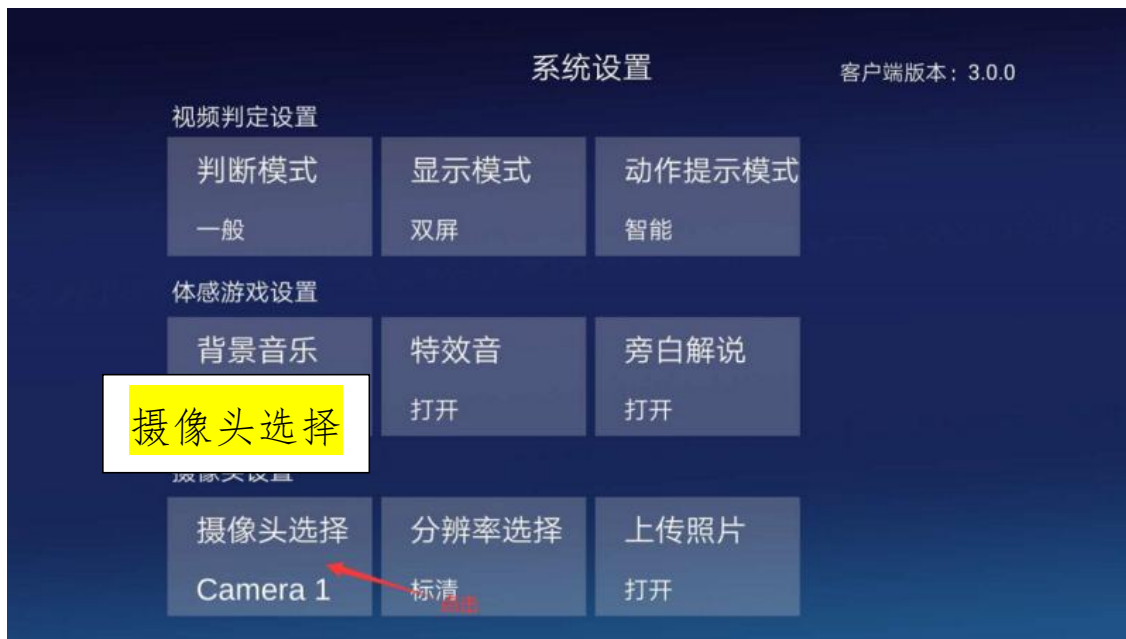
(1) Click “我的” (mine) menu



(2) Click “设置” (setting)



(3) Click “摄像头选择” (Camera Selection)



(4) Finally click “Camera1”



2. If multiple users need to log in to the Games on the same device, you need to switch account. The operations are as follows:

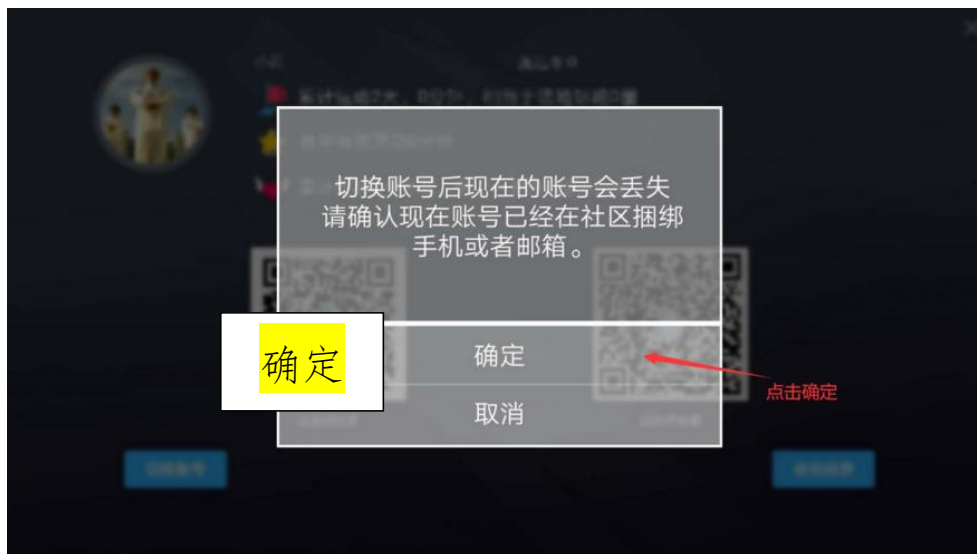
(1) Click on the top left profile picture



(2) Click “切换账号” (Switch account) button



(3) Click “确定” (confirm)



(4) Enter a new account and password



VI. Others

1. Space

This APP requires a certain space. It is recommended to practice with your back against a wall. The player leans back against the wall, and places a table or other furniture 1.5 meters in front of it, on which a

laptop or computer can be placed. There need to be a space of 1.5 meters left and right, then you can move left and right. It is recommended to lay a yoga mat on the ground, which can not only protect you, but also help you to practice on the ground in aerobics sports.。

2. Light

Please pay attention to let the camera not to be backlight, pay attention to the light of the room. The APP uses the images captured by the camera to make motion tracking judgments. Enough light is conducive to creating a sports atmosphere, and at the same time, it is helpful for accurate judgment of sports actions.

3. Dressing

Pay attention to the dressing when practicing, especially the parts of the hands and legs to help the accuracy of sports judgment to obtain accurate sports performance.

4. Camera

The built-in camera is supported on the phones or laptops, and the external camera is supported on the computers.

5. Time statistics

This APP is currently timed according to Beijing time, so the days are counted according to Beijing time. Participants of overseas activities should pay attention to the difference in time zones and convert the statistical interval of local activity days.

Note: If you have technical operation problems, please send email to: eventregistration@163.com.