



中国健身气功协会

CHINESE HEALTH QIGONG ASSOCIATION

5TH EUROPEAN HEALTH QIGONG SEMINAR FOR SENIOR INSTRUCTORS & 5TH EUROPEAN HEALTH QIGONG SCIENTIFIC SYMPOSIUM

ANNOUNCEMENT

To improve the Health Qigong level of European senior instructors, the International Health Qigong Federation and Chinese Health Qigong Association are organizing the 5th European Health Qigong Seminar for Senior Instructors and the 5th European Health Qigong Scientific Symposium.

I. DATE & PLACE

July 4th to July 7th, 2019 in Catania, Italy.

II. TRAINING VENUE& HOTEL

Italian Wushu, Judo & Wrestling – Olympic Training Center
Romano Palace Luxury Hotel

III. ORGANIZERS

International Health Qigong Federation (IHQF)
Chinese Health Qigong Association (CHQA)

IV. HOST

Comitato Olimpico Nazionale Italiano (CONI)
Federazione Italiana Wushu Kung Fu (FIWuK)

V. PROGRAM AND SCHEDULE

No.	DATE	TIME	CONTENT
1	July 3rd, 2019 Wednesday	Whole day	Arrival & Registration of participants
2	July 4th, 2019 Thursday	8:00-12:00	Training seminar (Wu Qin Xi)
		14:00-15:00	Opening Ceremony
		15:00-17:30	Training seminar (Wu Qin Xi)
3	July 5th, 2019 Friday	9:00-12:00	Training seminar (Wu Qin Xi)
		15:00-18:00	Training seminar (Dao Yin Yang Sheng Gong Shi'er Fa)
		19:00-21:00	Duan 1-5 Exam (Technical Test)
4	July 6th, 2019 Saturday	9:00-12:00	Training seminar (Dao Yin Yang Sheng Gong Shi'er Fa)
		15:00-18:00	Training seminar (Dao Yin Yang Sheng Gong Shi'er Fa)
		19:00-21:00	Duan 1-5 Exam (Theory Test)
5	July 7th, 2019 Sunday	9:00-12:00	The 5th European Health Qigong Scientific Symposium <i>Theme: <PROMOTING HEALTH QIGONG AND ENHANCING HEALTH IN EUROPE ></i>
		15:00-16:00	Award Ceremony
		16:00-17:00	Closing Ceremony
		19.00	Closing Gala Dinner
6	July 8th, 2019 Monday	Whole Day	Departure of participants

VI. ENROLLMENT

- A. Seminar participants should be professional European Health Qigong instructors with official recommendation of formal Health Qigong organizations. IHQF and CHQA will confirm the accredited participants.
- B. Seminar participants enroll themselves by sending an email to the host, FIWuK for registration. When the relevant fees are paid, the registration is confirmed at the FIWuK.
- C. Only official hotels will be used. All participants that are accepted to attend the seminar are required to reside at the designated hotels.
- D. The Duan examination is optional. The applicants will enroll on line and pay according to the Duan Regulation.
- E. Health Qigong clothes and shoes are required during seminar.

VII. FEES FOR PARTICIPANTS

- A. Participation Fee (Seminar and Symposium): 300.00 Euros per person (including one Wu Qin Xi book and One Shi'er Fa Book for for each participant). All participants are requested to pay the relevant participation fees in cash upon arrival, or prepay it with Accommodation Fee as required in

VII.B. A valid stamped receipt shall be issued by FIWuK for all participants.

B. Accommodation fee: There are Package fee for accommodation at different levels prescript in Annex 2. Any extra costs associated with rooms (*mini-bar, swimming pool, etc.*) shall be the responsibility of the individual. All participants are requested to pay the relevant accommodation fees (annex 2) by international bank transfer at the latest by May 19, 2019. Proof of which should be sent to the host by email and brought along to Catania for registration.

HOST BANKING DETAILS:

Account Name: FEDERAZIONE ITALIANA WUSHU KUNG FU

IBAN: IT75 X030 6912 1361 0000 0008 880 (*payment in EUR*)

BIC: BCITITMM

Bank Name: INTESA SAN PAOLO

C. FIWuK will assist those participants who will need an entry visa to Italy. An official invitation will be sent to each member/participant and information to apply for an entry visa to Italy.

D.

VIII. ACCREDITATION AND REGISTRATION

A. All final entries must reach the host (FIWuK) no later than 24:00 (Central European Summer Time – CEST) May 19, 2019. The entry should be made by Organization and sent by email to the below address:

Federazione Italiana Wushu Kung Fu segretariogenerale@fiwuk.com

B. All participants are required to arrive in Catania on July 3, 2019 (*Exceptionally, the arrival of participants may also be permitted no later than 12.00 on July 4, 2019*). Upon arrival at the Accreditation Center (Romano Palace Luxury Hotel), the participants are required to complete the following process with the Host:

- 1) Present his/her passport;
- 2) Submit a paper copy of a signed and stamped Final Entry Form and confirm the registration information;
- 3) Submit valid life and liability insurance certificates;
- 4) Submit the signed participants' responsibility statement (Annex 3);
- 5) Submit the copy of the payment of the relevant participation fees;
- 6) Make the payment for the Participation Fee;

7) Make the payment for the Duan Test Fee (Optional);

8) Confirm and sign the above items.

C. All participants are required to leave on July 8, 2019 (*Exceptionally, the departure of participants may also be permitted no earlier than 18.00 on July 7, 2019*).

IX. CONTACT INFORMATION

A. Federazione Italiana Wushu Kung Fu

Contact Person: Dr. Sebastiano Ettore Spoto

Mail: **segretariogenerale@fiwuk.com**

B. Chinese Health Qigong Association

Contact Person: Ms.He Xin

Email: **intelhqf@126.com**

X. THE ORGANIZERS RESERVE THE RIGHT FOR FINAL INTERPRETATION OF THIS ANNOUNCEMENT.

Annex 1: General Information on Catania;

Annex 2: Accommodation Fees;

Annex 3: Insurance Declaration;

Annex 4: Registration form.

ANNEX 1

GENERAL INFORMATION



CATANIA AT GLANCE

The City of Catania is the second largest city of Sicily after Palermo located on the east coast facing the Ionian Sea. It is the capital of the Metropolitan City of Catania, one of the ten biggest cities in Italy, and the seventh largest metropolitan area in Italy. The population of the city proper is around of 320,000 while the population of the city's metropolitan area, Metropolitan City of Catania, stood at 1,116,168 inhabitants. Chalcidians founded Catania in the 8th century BC. In 1434, the first university in Sicily was founded in the city. In the 14th century and into the Renaissance period, Catania was one of Italy's most important cultural, artistic and political centers.

The city is noted for its history, culture, architecture and gastronomy, its old town besides being one of the biggest examples of baroque architecture in Italy, is a World Heritage Site, protected by UNESCO.

Catania has been a native or adoptive homeland of some of Italy's most famous artists and writers as composers Vincenzo Bellini and Giovanni Pacini, and writers Giovanni Verga, Luigi Capuana, Federico De Roberto and Nino Martoglio.

The city is the main industrial, logistical and commercial center of Sicily, is the home of the Catania – Fontanarossa Airport, the largest in Southern Italy.

Under the Köppen Climate Classification, Catania is often referred to have a "Mediterranean Climate". The average temperature for the year in Catania is 63.1°F (17.3°C). The warmest month, on average, is August with an average temperature of 78.1°F (25.6°C). The coolest month on average is January, with an average temperature of 51.0°F (10.6°C). The highest recorded temperature in Catania is 113.0°F (45°C), which was recorded in June. The lowest recorded temperature in Catania is 27.0°F (-2.8°C), which was recorded in March. The average amount of precipitation for the year in Catania is 21.5" (546.1 mm). The month with the most precipitation on average is October with 4.2" (106.7 mm) of precipitation. The month with the least precipitation on average is June with an average of 0.2" (5.1 mm). There are an average of 54.4 days of precipitation, with the most precipitation occurring in December with 8.2 days and the least precipitation occurring in July with 0.5 days.

ANNEX 2

ACCOMMODATION FEE

	<i>Arrival</i>	<i>Departure</i>	<i>Number of nights</i>	<i>Price (in Euros) per person in double or twin shared room.</i>	<i>Price (in Euros) per person in single room.</i>
Option 1	3 July 2019	8 July 2019	5	650.00	775.00
<p>The accommodation fees are meant to cover expenses for accommodation, transportation (pick up from and to Catania International Airport, and any other transportation closely linked to the courses and the symposium), meals (from the lunch of the 4th of July to the Closing Gala dinner of the 7th of July 2019, and the breakfast of the 8th July). The fees also include the access to the outdoor hotel pool, as well as the free access to beach (Playa). The Training venue is within walking distance (2 minutes) to the hotel.</p>					
Option 2	3 July 2019	7 July 2019	4	535.00	610.00
<p>The accommodation fees are meant to cover expenses for accommodation, transportation (pick up from and to Catania International Airport, and any other transportation closely linked to the courses and the symposium), meals (from the lunch of the 4th of July to the lunch of the 7th of July 2019). The fees also include the access to the outdoor hotel pool, as well as the free access to beach (Playa). The Training venue is within walking distance (2 minutes) to the hotel.</p>					
Option 3	4 July 2019	8 July 2019	4	535.00	610.00
<p>The accommodation fees are meant to cover expenses for accommodation, transportation (pick up from and to Catania International Airport, and any other transportation closely linked to the courses and the symposium), meals (from the lunch of the 4th of July to the Closing Gala dinner of the 7th of July 2019, and the breakfast of the 8th July). The fees also include the access to the outdoor hotel pool, as well as the free access to beach (Playa). The Training venue is within walking distance (2 minutes) to the hotel.</p>					
Option 4	4 July 2019	7 July 2019	3	450.00	525.00
<p>The accommodation fees are meant to cover expenses for accommodation, transportation (pick up from and to Catania International Airport, and any other transportation closely linked to the courses and the symposium), meals (from the lunch of the 4th of July to the lunch of the 7th of July 2019). The fees also include the access to the outdoor hotel pool, as well as the free access to beach (Playa). The Training venue is within walking distance (2 minutes) to the hotel.</p>					

ANNEX 3

5TH EUROPEAN HEALTH QIGONG SEMINAR FOR SENIOR INSTRUCTORS
5TH EUROPEAN HEALTH QIGONG SCIENTIFIC SYMPOSIUM
PARTICIPANTS' RESPONSIBILITY STATEMENT

On my own willingness, I would like to attend **5th European Health Qigong Seminar for Senior Instructors and the 5th European Health Qigong Scientific Symposium** and promise to all consequences of any accidents or legal disputes, including any claim damages, actions and requests during the event. Meanwhile, I myself, my heir, personal assistant, agent and representative shall not sue either the Organizing Committee or the host. I hereby agree and comply with all the seminar regulations made by the International Health Qigong Federation and Chinese Health Qigong Association. I shall respect the organizing committee's decisions on any of the disputed matters. During the event, I agree to be photographed, video recorded or televised live. Also, I shall agree my name, address, voice, actions, image or figures to be used on a whole or partial by the International Health Qigong Federation and Chinese Health Qigong Association on TV coverage, radio broadcasting, video recording, media figure or any other media equipment and shall not demand any payment or compensation.

I am aware of and fully understand the above statement.

(Parents or the legal guardians are requested to sign if the participants are minors.)

Signature: _____ Parent / legal guardian signature: _____

Date: , , 2019