# 2018 年"东亚峰会"健身气功交流大会招生简章

健身气功是以自身形体活动、呼吸吐纳、心理调节相结合为主要运动形式的中华传统体育项目,是中华悠久文化的重要组成部分。习练健身气功对于增强心理素质,改善生理功能,提高生存质量,涵养道德修养等,具有独特的作用。健身气功以其柔和缓慢、老少皆宜、效果明显等独特魅力,于百年来一直深受喜爱和欢迎。

为分享中华优秀传统文化,促进"东亚峰会"各成员国之间的交流交往与互信合作,推动中国与"东亚峰会"各国的体育文化交流,定于10月19日至26日,在中国云南省昆明市组织举办"2018年'东亚峰会'健身气功交流大会",现面向"东亚峰会"各国及港澳台地区招收学员。具体招生信息如下:

# 一、培训机构

国家体育总局健身气功管理中心、中国健身气功协会和中国云南省体育局联合组织举办。

# 二、招生国家

东盟十国(马来西亚、印度尼西亚、老挝、柬埔寨、泰国、越南、菲律宾、缅甸、新加坡和文莱等 10 国)每个国家最多可选派 6 人;日本、韩国、美国、澳大利亚、新西兰、俄罗斯、印度等国家,以及港澳台地区和云南省的健身气功

相关单位,每个合作组织最多可选派2人。

# 三、报名条件

- (一)担任当地合法注册的社团组织或组织机构主要负责人或技术骨干;
- (二)有意愿今后在本国或本地区从事健身气功推广和 传播:
- (三)从事与太极拳、武术、中医和气功等中国传统文 化相关的工作者优先;
- (四)持有中国驻本国大使馆(或领事馆)推荐函者优 先;
  - (五) 年满 18 岁以上,身体健康,无违法犯罪记录。

# 四、大会内容

- (一)健身气功养生文化讲座;
- (二) 健身气功•六字诀功法培训;
- (三) 健身气功与经络讲座;
- (四)健身气功展示和一带一路文化交流活动:
- (五) 国际段位制讲解和段位考试。

# 五、费用条件

正式录取人员培训期间的食、宿和当地交通等费用均由培训机构负担;正式录取人员往返昆明的国际交通费用自理。

# 六、报名程序

第一步:通过电邮、传真或信件等方式填报报名表;

第二步: 主办方报名资格审核;

第三步: 向被录取人员发送参加培训班正式邀请函。

# 七、第一次报名时间

2018年6月30日前。

# 八、联系信息

(一) 联系人: 王义勇

(二) 联系方式: +86-871-63103228 (座机)

+86-13759473210 (手机)

+86-871-63103228 (传真)

ynqgzx@163.com (邮箱)

# (三) 咨询时间

- 1. 周一至周五上午 8:30-11:30, 下午 14:30-17:30, 开通座机电话咨询;
  - 2. 周六、周日全天, 开通手机电话咨询。

主办:中国健身气功协会

承办:云南省健身气边协会

# 报名表

	** * *			
姓名	性 别			
出生年月	护照号码			(照片)
所属国家				
所属组织名称		担任的职	务	
联系地址				
联系电话		邮箱		
个人简历				
组织概况				
健身气功推广计划				

组织(或机构)盖章并本人签名: 2018年 月 日

# 2018 East Asia Summit Health Qigong Exchange Recruitment Regulation

Health Qigong is a Chinese traditional exercise combining body movements, breathing techniques and mind regulation, which is a part of the time honored Chinese culture. Practicing Health Qigong is beneficial to improve one's psychological quality, physiological functions and moral cultivation. Because of its soft and slow movements and significant effect, Health Qigong has been well received by people for thousands of years.

To spread the Chinese traditional culture, promote the communication and cooperation among all the member countries of East Asia Summit and propel the sports and culture exchange between China and the member countries of East Asia Summit, the 2018 East Asia summit Health Qigong Exchange is scheduled to be held during Oct. 19<sup>th</sup> - 26<sup>th</sup>, 2018 in Kunming, Yunnan province, China. Now the recruitment facing all the East Asia Summit member countries has started and the information and regulation is outlined as follows.

#### A. Training Organizations

Health Qigong Administrative Center of the General Administration of Sport of China, Chinese Health Qigong Association, Sports Bureau of Yunnan Province, China.

#### **B.** Recruiting Scope

Ten member countries of ASEAN (the Association of Southeast Asian Nations): Malaysia, Indonesia, Laos, Cambodia, Thailand, Vietnam, the Philippines, Myanmar, Singapore and Brunei. To these ASEAN countries, each country is allowed to select six (6) persons at most to participate in the activity. To each organization in other invited countries and regions including Japan, Republic of Korea, the United States of America, Australia, New Zealand, Russia, and India, etc., two(2) persons at most are allowed to be selected. (The invited countries and regions are ordered in accordance with the convention of ASEAN or International Olympic Committee)

#### C. Entry requirements

- 1. People in charge or the leading member of the local association and organization with legal registration.
- 2. People who intend to promote and spread Health Qigong in their residing countries or regions.
- 3. People who are engaged in work related to Taijiquan, martial arts, Chinese traditional medicine, Qigong and other Chinese traditional culture will enjoy the priority.

- 4. People who have the recommendation letters of the Chinese Embassy or Consulate in their residing countries will enjoy the priority.
- 5. People who are 18 years old or older, healthy without criminal records.

#### **D.** Training Program

- 1. Lecture on Health Qigong and Health Preservation
- 2. Technical Training of Health Qigong Liu Zi Jue
- 3. Lecture on Health Qigong and Meridians
- 4. Health Qigong Demonstration and Cultural Exchange on the Belt and Road
- 5. Interpreting the International Health Qigong Duan System and conducting the Health Qigong Duan Exams.

#### E. Costs

People who are enrolled formally should afford the international transportation fees to Kunming province by themselves, while the fees of catering, accommodation and local transportation during the training are waived.

#### F. Entry Procedure

Step 1. The applicants fill out the entry form and sent it to the organizer by email, fax or post mail.

Step 2. The organizer evaluates the entry forms.

Step 3. The organizer issues formal invitation letters to the enrolled students.

#### **G.** Application Time

Before June 30, 2018

#### **H.** Contact Information

1. Contacts: WANG YIYONG

2. Email: ynqgzx@163.com

3. Fax: +86-871-63103228

4. Tel: +86-871-63103228

5.Contact time

Monday-Friday: 8:30-11:30am, 14:30-17:30pm, landline phone

+86 - 871 - 63103228

Weekends: all day, mobile phone +86-13759473210.



# 报名表 Application Sheet

(请清晰填写 please fill out clearly)

#### 个人信息 PERSONAL INFORMATION:

姓 SURNAME	名 GIVEN NA	ME	性别(M/F)	
出生日期 DOB	国籍 NATION	NALITY		
护照号码 PASSPORT No		电子邮箱 Email		
电话/手机 TEL./ MOBILE	No. ()			
地址 ADDRESS			市 CITY	_
省份 PROVINCE	国家 CO	UNTRY	邮编 ZIP CODE	
掌握何种语言 LANGUAG	ES			-
是否接触过气功教学与推	註广? Have yo	u had any Health		
Qigong popularization or e	education exper	ience before? □是		
Yes.□否 No.	ュナ 畑7 田 、	生用 44.44 H TH THE THE		
如果接触过,是什么时间when/where?	] 仕哪里, 項 □	可要抽处。II yes,		
				_
有何气功推广计划? Do yo	ou have any pop	ularization plan in mino	!?□是 Yes□否 No	
如有,请简要描述。If yes,	please describe	briefly.		
				_
紧急联系人 Emergency Co	ontact:			
姓名 NAME	电话 T	EL. ()		
地址 ADDRESS				
现任公司/组织简介 Em	ployment Inf	Cormation		
公司/组织	职务	地址	电话	
Company/Organization	Position	Address	TEL	

Filling the form in Chinese is preferable. 建议有条件的报名者用中文填写报名表。