



# 中国健身气功协会

## CHINESE HEALTH QIGONG ASSOCIATION

### THE 1<sup>ST</sup> CEEC (CENTRAL AND EASTERN EUROPEAN COUNTRIES) HEALTH QIGONG FORUM ANNOUNCEMENT

#### I DATE

Seminar: October 19<sup>th</sup> to 21<sup>st</sup> , 2018.

Registration: October 18<sup>th</sup> 2018.

Departure: October 22<sup>nd</sup> 2018.

#### II PLACE

Belgrade, Serbia

- venue of forum: Municipality of Stari Grad great hall, Makedonska str. 42, Belgrade  
(map <https://goo.gl/6UfRbc>)
- venue of seminar: (exact venue of the seminar TBD in due time)

#### III ORGANIZER

CHQA – Chinese Health Qigong Association

#### IV HOST

Serbian Qigong Association

#### V PROGRAM AND SCHEDULE

DAY	Morning 9-12h	Afternoon
October 18. THURSDAY	----	Registration in Hotel Park lobby <a href="https://bit.ly/2KqOOsy">https://bit.ly/2KqOOsy</a> during afternoon 14-20h
October .19 FRIDAY	9:00-13:00 Symposium opening ceremony & Lectures	18:00-20:00 Seminar on health qigong Shi Er Fa
October 20 SATURDAY	9:00-12:00 Seminar on health qigong form Shi Er Fa	14:00-17:00 Seminar on health qigong form Shi Er Fa
October .21 SUNDAY	9:00-12:00 Seminar on short qigong form Taiji Yangsheng Zhang	14:00-17:00 Duan examination

#### VI ENROLLMENT

##### 1. Who can participate?

Seminar participants should be professional European Health Qigong instructors with adequate Health Qigong experience for advanced training. CHQA will examine the qualifications.

地址：北京市崇文区天坛东里中区甲14号 邮编：100061  
电话：86-10-67051569 传真：86-10-67050720  
E-mail: chqa@vip.163.com

## 2. Application

Seminar participants enroll themselves by sending an email to the [info@qigong.rs](mailto:info@qigong.rs) for registration.

When the fee is paid, the registration is done at the lobby of Hotel Park, Belgrade, Njegoševa 2 street, <http://www.hotelparkbeograd.rs/>

## 3. Accommodation

Seminar participants will book their own hotel and choose accommodation according to their needs. We recommend several hotels in broader city center in walking distance from training hall:

- a. **Hotel Park \*\*\***, Njegoševa 2 street, Belgrade, <https://bit.ly/2KqOOsy> (best cost/quality ratio)
- b. **Hilton hotel \*\*\*\*\***, Kralja Milana 35 street, Belgrade <https://bit.ly/2rduVwz>
- c. **Mercure Belgrade Excelsior \*\*\*\***, Kneza Miloša 5 street, Belgrade <https://bit.ly/2GqntV1>
- d. *or just use this link <https://booki.ng/2HJ8hTH> and find appropriate accommodation according to your taste. Be careful about location, it should be close to the training venue. There is no organized transport to the hall, choose location on walking distance, 15-20 minutes.*

## 4. Duan Wei examination

The Duan examination is optional. The applicants will enroll and pay online according to the IHQF Duan Regulation.

## 5. Health Qigong clothes and shoes are required during seminar.

## VII FEES FOR PARTICIPANTS

### 1. Entry fee for Forum: FREE!

Registration via e-mail [info@qigong.rs](mailto:info@qigong.rs) is mandatory.

Only after confirmation of registration, participation on Forum is secured.

**Entry fee for Seminar** on Health Qigong Shi Er Fa/Taiji Yangsheng Zhang: EURO 150 € per person (early bird), or EURO 180 € per person (regular price after Sep 1st).

#### OPTIONAL:

- **Banquett dinner on Sunday 21st evening – 25 € per person**
  - **Buffet lunch on seminar days – 13 € per person per day**
2. Board and lodging fee for three days per person is depending on chosen accommodation- please refer to article VI/3 - accommodation.
  3. The participants will be responsible for the arrangement of international flights, local transport (SQA can provide help finding suitable transport options for larger groups) and accommodation.

## VIII ACCREDITATION AND REGISTRATION

1. Participating organization shall send its Registration Form of seminar participant(s) to Serbia Qigong Association (SQA) via email ([info@qigong.rs](mailto:info@qigong.rs)) **before 1st September, 2018.**

2. The SQA will confirm the application by emailing the bill for the seminar and the payment details. Qualified applicants will pay the seminar fee:
  - a. **EARLY BIRD entry fee of EURO 150 €** per person for application **before 1st September, 2018.** or
  - b. **REGULAR price of 180 €** per person **after 1st September, 2018.**
 per person to the SQA within five days after receiving the email.
3. The SQA will confirm the reception of the payment by emailing the receipt of payment. Please inform the SQA if you need printed receipt and provide all details.
4. The participants are kindly requested checking-in and finishing registration for the Forum and seminar in Hotel Park lobby <https://bit.ly/2KqOOsy> during afternoon 14-20h of Thursday, October 18th, 2018.
5. After fees payment, participation fee is non-refundable but can be transferred to another person/member of IHQF organization.
6. Fees for banquet dinner or seminar buffet lunch will be payed in cash during check in and registration
7. The Duan examination is optional. The applicants enroll and pay online according to the Duan Regulation. Online registration should be finished before September 21,2018.

#### **IX EXTRA INFORMATION**

1. The training language of the Symposium Chinese. English translation will be provided.
2. The training language of the Seminar is English.
3. The organizer and host of the seminar cannot accept any liability for accidents, illness or injuries taking place during the seminar. Therefore, it is advisable for the participants to make an insurance policy for their travel and stay
4. Seminar participants are required to submit Insurance Declaration before registration.

#### **X CONTACT INFORMATION**

1. Serbia Qigong Association  
 Contact Person: Saša Balanesković  
 Mail: [info@qigong.rs](mailto:info@qigong.rs)  
 Other Contact info:  
 WeChat – SasaBalaneskovic  
 Mobile/Viber - 00381637762975
2. Chinese Health Qigong Association  
 Contact: HE Xin  
 Tel/ Fax: 0086-10-67052078  
 Email: [intelhqf@126.com](mailto:intelhqf@126.com)

#### **XI CHQA RESERVES THE RIGHT FOR FINAL INTERPRETATION OF THIS ANNOUNCEMENT.**

**Appendix 1:** Registration form

**Appendix 2:** Insurance Declaration

Chinese Health Qigong Association

July, 2018





# 中国健身气功协会

CHINESE HEALTH QIGONG ASSOCIATION

## 首届健身气功中东欧论坛活动通知

### 一、日期

2018年10月19日至21日（18日报到，22日离会）

### 二、地点

塞尔维亚 贝尔格莱德

- 论坛讲座地址：Municipality of Stari Grad great hall,  
Makedonska str. 42, Belgrade (map <https://goo.gl/6UfRbc>)
- 论坛培训地址：待定

### 三、主办单位

中国健身气功协会（CHQA）

### 四、承办单位

塞尔维亚气功协会

### 五、培训内容和日程

日期	活动内容	地点
10月18日 星期四	14:00-20:00 参会学员到 Hotel Park 酒店大厅报道 <a href="https://bit.ly/2KqOOsy">https://bit.ly/2KqOOsy</a>	Hotel Park 酒店

10月19日 星期五	<p style="text-align: center;"><b>“健身气功中东欧论坛”</b></p> 9:00-13:00 开幕式暨讲座 18:00- 20:00 健身气功导引养生功十二法	塞尔维亚 贝尔格莱德
10月20日 星期六	9:00-12:00 健身气功导引养生功十二法 14:00- 17:00 健身气功导引养生功十二法	
10月21日 星期日	9:00-12:00 健身气功太极养生杖缩编版教学 14:00-17:00 段位考试	

## 六、参加办法

(一) 健身气功中东欧地区的国际健身气功联合会会员和各健身气功社团组织均可推荐骨干师资骨干报名。经中国健身气功协会审查合格后，准予参加培训班。

(二) 报名人员将直接以电子邮件形式向 塞尔维亚气功协会 (info@qigong.rs) 提交报名信息。缴费成功后，报到当日到 Hotel Park 酒店报到 (Hotel Park, Belgrade, Njegoševa 2 street, <http://www.hotelparkbeograd.rs/>)。

(三) 参训学员自行预定住宿酒店。为交通方便，我们推荐培训地点周围的如下酒店共参考：

1. 酒店一 (性价比最高)：Hotel Park \*\*\*, Njegoševa 2 street, Belgrade, <https://bit.ly/2KqOOsy> (best cost/quality ratio)

2. 酒店二：Hilton hotel \*\*\*\*\*, Kralja Milana 35 street, Belgrade <https://bit.ly/2rduVwz>

3. 酒店三：Mercure Belgrade Excelsior \*\*\*\*\*, Kneza Miloša 5 street, Belgrade 其他酒店 <https://bit.ly/2GqntV1>

4. 其他酒店，可以通过 <https://booki.ng/2HJ8hTH> 网站根据需要自行预定。

注：活动场地附近的酒店较多，一般步行至培训地点约 15-20 分钟，故论坛不再安排交通服务。

（四）参训学员可参加段位考试。报考者应按照段位制相关规定进行线上报名及缴费。培训班期间学员需自备练功服和练功鞋。

（五）培训期间学员需自行准备练功服及太极杖等器械。

## 七、经费条件

### （一）报名费

1. 论坛讲座：免费，但是需要提前向塞尔维亚气功协会 [info@qigong.rs](mailto:info@qigong.rs) 报名，确认报名成功后方可入场。

2. 论坛培训（健身气功导引养生功十二法/太极养生杖）：  
180 欧元/人。9 月 1 日前报名可享受优惠价格 150 欧元。

3. 其他论坛活动（可选）：

10 月 21 日论坛晚宴：25 欧元/人

论坛期间自助午餐：13 欧元/人/餐

（二）食宿费用：自理。预定方式参见本通知“六、参加办法”。

（三）交通费用：自理。塞尔维亚将为参加论坛的团队提供交通协助服务。

## 八、报名报到

(一) 报名的各健身气功社团组织需将报名表于 2018 年 9 月 1 日前报送塞尔维亚气功协会 (info@qigong.rs)。

(二) 塞尔维亚气功协会将邮件确认参训学员报名情况、缴费金额及缴费方式。收到报名确认后 5 天内, 请按照确认邮件要求完成缴费。

注: 9 月 1 日前优惠期间报名费 150 欧元/人, 9 月 1 日后报名费用为 180 欧元/人。

(三) 塞尔维亚气功协会收到费用后, 将邮件发送电子收据。如需纸质收据, 请提前备注, 并提供必要收据信息。

(四) 参加论坛讲座或培训的学员请于 2018 年 10 月 18 日 14:00-20:00 到 Hotel Park 酒店大厅报到。

(五) 报名一旦确认成功, 如学员放弃参训, 费用不予退还, 但可更换参加人选。

(六) 参加论坛晚宴或论坛自助午餐的学员请在报到时支付现金。

(七) 报考段位人员, 请按照《国际健身气功段位制》规定于 9 月 21 日前完成网上申报。

## **九、其他事宜**

(一) 论坛讲座授课语言为中文, 同时备有英文翻译。

(二) 论坛培训授课语言为英语。

(三) 参加培训班人员须自行办理人身意外伤害保险, 如培训期间出现伤病等问题, 由个人负责。

(四) 参加培训班人员报到时须递交责任声明书。

## 十、联系方式

(一) 承办方

联系人: Saša Balanesković

电话 (手机及 Viber 网路电话): 00381637762975

微信: SasaBalaneskovic

邮箱: info@qigong.rs

(二) 中国健身气功协会

联系人: 何昕

电话: 0086-10-67052078

邮箱: intelhqf@126.com

十一、本办班通知解释权归属中国健身气功协会。

附件: 1. 培训班报名表

2. 学员责任声明书

